

Veal Social Media Calendar – February 2019



Date	Platform	Post	Photo
2/1	Facebook	The big game is only two days away, so why not lighten your load on by doing some party prep tonight? Grab a large pot and double this recipe for #Veal Sloppy Joes and in less than an hour, your meat will be ready to go. Simply chill until Sunday, reheat and serve inside some slider buns for appetizer portions, or large hamburger buns if your crew is feeling extra hungry. There's no wrong way to Sloppy Joe! #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-sloppy-joe/	https://vealmadeeasy.com/wp-content/uploads/2015/06/veal_sloppy_joe.jpg
	Twitter	Sunday is just days away, so tonight is the perfect time to knock out some #partyprep. If you double (or even triple) this easy recipe for #Veal Sloppy Joes, you'll thank us on #gameday when all you have to do is re-heat & eat! #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-sloppy-joe/	https://vealmadeeasy.com/wp-content/uploads/2015/06/veal_sloppy_joe.jpg
	Instagram	Get your #partyprep on now and you'll have more time to sit back and enjoy the game this Sunday. Nothing screams #football fare like this sinfully good recipe for #Veal Sloppy Joes. If you're feeding an army, simply double or triple the recipe, refrigerate and reheat before you're ready to serve atop fresh hamburger buns, or even slider-sized rolls if you want to make an appetizer version of this fan favorite. There's no wrong way to sloppy joe when you #EatBetterEatVeal. Click the link in our bio to get the recipe. #partyplanning #appetizerideas #snackideas #recipe #foodie #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2015/06/veal_sloppy_joe.jpg
2/2	Facebook	In need of some last minute party food inspiration? Look no further than these Classic #Veal Parmesan Sandwiches, which are just as hearty as they are heavenly. What's not to love about perfectly crisp veal cutlets sandwiched between a fresh roll, topped with red sauce and a trio of melted cheeses? Well, other than the fact that you can knock these heroes out in 20 minutes flat! https://vealmadeeasy.com/recipes/classic-veal-parmesan-sandwich/	https://www.youtube.com/watch?v=lNHHBy-CGSo Upload video directly to Facebook
	Twitter	No clue what to serve for Sunday? These hearty Classic Veal Parmesan Sandwiches ought to do the trick. One batch serves 6 and they're ready in 20 minutes flat, leaving you more time to enjoy the big game. #EatBetterEatVeal https://vealmadeeasy.com/recipes/classic-veal-parmesan-sandwich/	https://www.youtube.com/watch?v=lNHHBy-CGSo Upload video directly to Twitter
	Instagram	Attention all fans seeking that perfect #gameday dish: Classic Veal Parmesan Sandwiches will have you screaming	https://www.youtube.com/watch?v=lNHHBy-CGSo

Veal Social Media Calendar – February 2019



		<p>#TOUCHDOWN before the big game even begins. Simply grab your ingredients today and you'll be all set to whip these up in 20 minutes flat during #halftime. There's nothing heartier or more heavenly. Click the link in our bio to get the recipe.</p> <p>#EatBetterEatVeal #partyplanning #appetizerideas #snackideas #recipe #foodie #instafood</p>	<p>NHHBy-CGSo Upload video directly to Instagram</p>
2/3	Facebook	<p>Slide into Sunday with taste and style on your side with these French Onion #Veal Sliders. Only a burger this delicious, thanks to perfectly seasoned ground veal, melt-worthy Gruyere cheese, and butter-based caramelized onions, could stand up to the action on the field today. We dare you to take a taste.</p> <p>#EatBetterEatVeal https://vealmadeeasy.com/recipes/french-onion-veal-slider/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2015/08/Veal-French-Onion-Burger-Cedar-Springs.jpg</p>
	Twitter	<p>Score a huge #touchdown at your party today by serving up one of the boldest burgers in town: French Onion #Veal Sliders.</p> <p>#EatBetterEatVeal https://vealmadeeasy.com/recipes/french-onion-veal-slider/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2015/08/Veal-French-Onion-Burger-Cedar-Springs.jpg</p>
	Instagram	<p>Score a recipe touchdown that will have your guests begging for more by making these bold French Onion #Veal Sliders from @VealMadeEasy. It's nothing short of pure teamwork on the part of tender ground veal, melt-worthy Gruyere cheese and caramelized onions that makes this a recipe for success. Click the link in our bio to get the recipe and #EatBetterEatVeal!</p> <p>#superbowl53 #partyplanning #appetizerideas #snackideas #foodstagram #recipe #foodie</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2015/08/Veal-French-Onion-Burger-Cedar-Springs.jpg</p>
2/4	Facebook	<p>Yup, #NationalHomemadeSoupDay is actually a thing, and guess what – it's today! So get on trend with this simple and nutritious #Veal and Vegetable Soup, filled with tender cubed veal, hearty red potatoes, fresh zucchini, corn and some fresh herbs that really add to the aromatics. You won't be disappointed. #EatBetterEatVeal</p> <p>https://vealmadeeasy.com/recipes/veal-and-vegetable-soup/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-vegetable-soup.jpg</p>
	Twitter	<p>Get your soup on AND stay on trend with this simple yet hearty #Veal and Vegetable Soup from @VealMadeEasy. It is #NationalHomemadeSoupDay after all, so this just makes sense.</p> <p>#EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-and-vegetable-soup/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-vegetable-soup.jpg</p>

Veal Social Media Calendar – February 2019



	Instagram	<p>Guess what? It's National Homemade Soup Day so of course we've got a recipe that will keep you on trend and well sated. One taste of this easy #Veal and Vegetable #Soup, filled with protein-packed cubed veal, aromatic herbs, hearty red potatoes and fresh #veggies, and you'll be wishing every day was #nationalhomemadesoupday. Click the link in our bio to get the recipe. #EatBetterEatVeal #EatSoup #homemadesoup #foodie #souprecipes #instafood #winterrecipes #recipe</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-vegetable-soup.jpg
2/5	Facebook	<p>With a name like "Fast Veal Parmigiana" you're probably thinking this recipe must be a 30-minute meal, right? But what if we told you it takes HALF that time and is in fact a 15-minute meal, from prep to plate?! Go ahead and pick your jaw up off the floor – we'll wait. #EatBetterEatVeal https://vealmadeeasy.com/recipes/fast-veal-parmigiana/</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Parmesan_lighter_small.jpg
	Twitter	<p>There's nothing more satisfying than delicious #Veal Parmigiana, except a recipe for FAST Veal Parmigiana that literally takes 15 minutes, prep to plate. #EatBetterEatVeal https://vealmadeeasy.com/recipes/fast-veal-parmigiana/</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Parmesan_lighter_small.jpg
	Instagram	<p>Everyone loves an easy weeknight meal, but what if we told you there was a #recipe that was both simple to prep and quick to make? Enter Fast #VealParmigiana. It's so delicious, it's hard to believe it only takes 15 minutes to prepare from start to finish. Don't believe us? Try for yourself – click the link in our bio to get the recipe. #EatBetterEatVeal. #weeknightmeals #easydinner #italianrecipes #vealparm #foodstagram #recipe #foodie</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Parmesan_lighter_small.jpg
2/6	Facebook	<p>Winter Wednesdays should be nothing short of warm, so why not welcome a batch of this toasty #Veal Vegetable Lasagna into your world? This hearty and nutritious dish, packed with veggies like spinach and yellow bell peppers, provides enough servings to keep your belly warm all the way to the weekend! #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-vegetable-lasagna/</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_lasagna.jpg
	Twitter	<p>We get it. It's winter and you're craving #comfortfood that will warm you up and keep you full. One batch of this hearty #Veal Vegetable Lasagna ought to do the trick, and provides enough leftovers to keep your belly toasty all week long. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-vegetable-lasagna/</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_lasagna.jpg
	Instagram	<p>It's another cold #winter Wednesday and if you're like many of</p>	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_lasagna.jpg

Veal Social Media Calendar – February 2019



		<p>us, you're dealing with that mid-week crisis of what to make for dinner. Let #Veal Vegetable Lasagna from @VealMadeEasy come to your rescue! Filled with veggies like #spinach and yellow bell #peppers, perfectly seasoned ground veal delicately layered between #lasagna noodles and covered in red sauce and smoked #mozzarella, this is a dish that dreams are made of. Click the link in our bio to get the recipe. #EatBetterEatVeal #instafood #italianrecipes #lasagnarecipes #winterrecipes #foodie #recipe</p>	<p>www.vealmadeeasy.com/wp-content/uploads/2014/02/veal_lasagna.jpg</p>
2/7	Facebook	<p>Don't let those New Year's resolutions to eat better fall to the wayside now that January has passed. Keep on the right track with this nutritious and delicious Crispy #Veal and Walnut Salad from @VealMadeEasy. It only takes 30 minutes to prep and features a tasty array of ingredients from fresh apples to crumbly blue cheese and of course, perfectly crisp veal cutlets. #EatBetterEatVeal https://vealmadeeasy.com/recipes/crispy-veal-walnut-salad/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/10/veal_walnut_salad.jpg</p>
	Twitter	<p>Fuel your New Year's resolution to eat better straight into February with this Crispy #Veal and Walnut Salad. It's loaded with a lot of tasty stuff, like blue cheese, apple slices and crispy veal cutlets, and delivers 37g of #protein. #EatBetterEatVeal https://vealmadeeasy.com/recipes/crispy-veal-walnut-salad/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/10/veal_walnut_salad.jpg</p>
	Instagram	<p>Now that we're a little over a month into the new year, don't forget to abide by your #newyearsresolution to eat more nutritiously. Lucky for you, we're here to remind you that dishes like Crispy #Veal and Walnut #Salad really do exist and serve up 37g of #protein alongside a whole lot of yum. Click the link in our bio to get the recipe. #EatBetterEatVeal #foodprep #saladrecipes #foodstagram #instafood #40minutemeals #foodstagram #recipe #foodie</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/10/veal_walnut_salad.jpg</p>
2/8	Facebook	<p>At @VealMadeEasy we're crazy about #veal, but today we're also giving an extra shout out to our reliable and rotund friend, the potato. So, in honor of National Potato Lover's Day, give this exceptional recipe for Grilled Veal Chops with Potato-Leek Hash a try and taste why it's destined to become a weeknight staple. #EatBetterEatVeal #nationalpotatoloversday https://vealmadeeasy.com/recipes/grilled-veal-chops-with-potato-leek-hash/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/Grilled-Veal-Chop-with-Potato-Leek-Hash.jpg</p>
	Twitter	<p>#Potato lovers rejoice! This easy recipe for Grilled #Veal Chops with Potato-Leek Hash is an excellent source of #protein, niacin and iron, not to mention super tasty. Make it today and celebrate #nationalpotatoloversday! #EatBetterEatVeal</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/Grilled-Veal-Chop-with-Potato-Leek-Hash.jpg</p>

Veal Social Media Calendar – February 2019



		https://vealmadeeasy.com/recipes/grilled-veal-chops-with-potato-leek-hash/	Veal-Chop-with-Potato-Leek-Hash.jpg
	Instagram	Did you know the average American eats about 115lbs of #potatoes each year? That's a whole lot of tots. Did you also know that potatoes pair beautifully with veal chops? Case in point: this stellar #recipe for Grilled #Veal Chops with Potato-Leek Hash, which features a mere 7 ingredients and is prepped and ready to serve in well under an hour! Click the link in our bio to get the recipe. #EatBetterEatVeal #nationalpotatoloversday #potatolovers #instafood #vealchoprecipes #40minutemeals #recipe #foodie	https://vealmadeeasy.com/wp-content/uploads/2014/02/Grilled-Veal-Chop-with-Potato-Leek-Hash.jpg
2/9	Facebook	Its National Pizza Day and we're celebrating with a recipe that takes everyone's favorite 'za to the next level: #Veal Za'atar Flatbread! Not your typical "slice" – these are individually portioned (so you don't have to share) and feature bold Middle Eastern seasoning, creamy feta and of course, succulent ground veal. In pizza we crust. #EatBetterEatVeal #NationalPizzaDay https://vealmadeeasy.com/recipes/individual-veal-zaatar-flatbreads/	https://www.youtube.com/watch?v=xhmxljXEsS0 Upload video file directly to Facebook
	Twitter	#Veal Za'atar Flatbreads – we love you with every #pizza our heart. #EatBetterEatVeal #NationalPizzaDay https://vealmadeeasy.com/recipes/individual-veal-zaatar-flatbreads/	https://www.youtube.com/watch?v=xhmxljXEsS0 Upload video file directly to Twitter
	Instagram	There's no better way to celebrate National #Pizza Day than with a unique twist on 'za: #Veal Za'atar Flatbreads. Individually portioned so you don't have to share, these pies will send you to #foodie heaven, thanks to the bold Middle Eastern seasoning, crumbly and creamy #feta, diced tomatoes and of course, the tasty ground veal. Click the link in our bio to get the recipe. #EatBetterEatVeal #nationalpizzaday #pizzaday #foodstagram #flatbreadrecipes #pizzarecipes #middleeasternrecipes #recipe	https://www.youtube.com/watch?v=xhmxljXEsS0 Upload video file directly to Instagram
2/10	Facebook	Fakeout the guests at your #awards viewing party tonight by serving these Asian Express #Veal Lettuce Wraps – they'll never believe it's not real #takeout. But perhaps an even bigger shock is the fact that these only take 30 minutes to make! That's less time in the kitchen and more time watching your favorite stars perform live! #EatBetterEatVeal https://vealmadeeasy.com/recipes/asian-express-veal-lettuce-	https://vealmadeeasy.com/wp-content/uploads/2014/02/AsianLettuceWraps.jpg

Veal Social Media Calendar – February 2019



		wraps/	
	Twitter	Hosting a viewing party for tonight's 61st Annual #Awards? Whip up a batch or two of these 30-minute Asian Express #Veal Lettuce Wraps and you'll easily be the biggest winner of the night. #EatBetterEatVeal https://vealmadeeasy.com/recipes/asian-express-veal-lettuce-wraps/	https://vealmadeeasy.com/wp-content/uploads/2014/02/AsianLettuceWraps.jpg
	Instagram	And the for best recipe goes to...Asian Express #Veal #LettuceWraps! But in all seriousness, put this 30-minute meal on the menu for your 61st Annual #Awards viewing party tonight and you'll be the biggest winner of them all. Click the link in our bio to get the recipe. #EatBetterEatVeal #awardshow #takeoutfakeout #asianrecipes #instafood #30minutemeals #musicawards	https://vealmadeeasy.com/wp-content/uploads/2014/02/AsianLettuceWraps.jpg
2/11	Facebook	If overpriced restaurant prix fixe menus aren't your thing on #ValentinesDay, why not plan an intimate dinner for two from the comfort of your own kitchen? This five-star recipe for #Veal Saltimbocca is the perfect dish, destined to impress. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-saltimbocca/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Saltimbuco-With-Cheese-.jpg
	Twitter	This #ValentinesDay, fall in love with #Veal Saltimbocca. This simple yet elegant recipe from @VealMadeEasy is the perfect dish if you're looking to impress that special someone. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-saltimbocca/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Saltimbuco-With-Cheese-.jpg
	Instagram	Dreaming up the perfect menu to impress that special someone on #ValentinesDay? We've got two words of advice: #Veal Saltimbocca. This dish features only the very best ingredients, like delicate veal leg cutlets, thinly shaved #prosciutto, vine-ripened tomatoes and a sprinkle of fine #parmesan. One bite and you'll fall in love. Click the link in our bio to get the recipe. #EatBetterEatVeal #vealrecipes #foodstagram #valentinesdayrecipe #recipeinspiration #valentinesdaydinner #dinnerfortwo	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Saltimbuco-With-Cheese-.jpg
2/12	Facebook	#ValentinesDay is just days away and this year we're serving a different kind of martini that's straight-up delicious. #Veal Martini is the name, and tender veal leg cutlets blanketed in a savory and aromatic sauce of mushrooms, sun-dried tomatoes, shallots and butter, is the game. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-martini/	https://vealmadeeasy.com/wp-content/uploads/2014/02/VealMartini.jpg

Veal Social Media Calendar – February 2019



	Twitter	<p>This #ValentinesDay, serve your sweetheart a new kind of #martini that's straight-up delicious: Veal Martini, courtesy of @VealMadeEasy. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-martini/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/VealMartini.jpg</p>
	Instagram	<p>Planning a romantic #ValentinesDay dinner for two? Why not try a #recipe with a name that's got a lot of swag and a taste that's straight-up delicious! We're talking about you, #VealMartini – a recipe so good you'll want to hold the olives, because this dish doesn't need anything more than the ingredients it calls for, from #veal leg cutlets, shiitake mushrooms and shallots, to a dash of white wine to give it that extra something special, for your someone special. Click the link in our bio to get the recipe. #EatBetterEatVeal #valentinesrecipes #vealrecipes #instafood #dinnerfortwo #valentinesdaydinner #recipe #foodie</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/VealMartini.jpg</p>
2/13	Facebook	<p>It's National Italian Food Day and we're celebrating with a batch of Italian #Veal and Pepper Stew. This dish is so good, thanks to the beautiful way veal pairs with its sister ingredients like tomatoes, garlic, bell peppers, long grain rice and Parmesan cheese, that you may actually want to save it for Valentine's Day. Or better yet, enjoy a bowl tonight and heat up the leftovers tomorrow – stew is always better on the second day! #EatBetterEatVeal #NationalItalianFoodDay https://vealmadeeasy.com/recipes/italian-veal-and-pepper-stew/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/Italian-Veal-and-Pepper-stew.jpg</p>
	Twitter	<p>Need V-Day dinner inspo? Make Italian #Veal and Pepper #Stew tonight (enjoy a bowl while you're at it) and you won't have to worry about anything other than re-heating and gazing at that special someone tomorrow. #EatBetterEatVeal #NationalItalianFoodDay https://vealmadeeasy.com/recipes/italian-veal-and-pepper-stew/</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/Italian-Veal-and-Pepper-stew.jpg</p>
	Instagram	<p>Celebrate National #Italian Food Day by whipping up a batch of this sinfully delicious Italian #Veal and Pepper #Stew, which features so many of our favorite Italian ingredients, from diced Italian-style tomatoes to grated Parmesan cheese. This dish is so darn good, you may want to consider reheating the leftovers for tomorrow night's #ValentinesDay dinner. Simply re-heat and we promise no one will know that this dish was made in advance because all the best things in life become richer with time. Click the link in our bio to get the recipe. #EatBetterEatVeal #nationalitalianfoodday #italianfoodday #italianfood #stewrecipes #valentinesdayrecipes #foodstagram #dinnerfortwo #foodie #recipe</p>	<p>https://vealmadeeasy.com/wp-content/uploads/2014/02/Italian-Veal-and-Pepper-stew.jpg</p>

Veal Social Media Calendar – February 2019



2/14	Facebook	Happy #ValentinesDay from all of us at @VealMadeEasy. Consider this recipe for #Veal Breast Mushroom Roulade, a delicate, tasty and stunning meal, our gift to you on this special day. Do your loved ones a favor and share it with them as well and help spread the love that takes hold when you #EatBetterEatVeal! https://vealmadeeasy.com/recipes/veal-breast-mushroom-roulade/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Breast-Roulade-with-Sauteed-Spinach-Mushrooms.jpg
	Twitter	This #ValentinesDay, join us in celebrating one of the greatest food love affairs of all time: #veal + #mushrooms! And there's no greater love letter attesting to their timeless story than this recipe for Veal Breast Mushroom Roulade. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-breast-mushroom-roulade/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Breast-Roulade-with-Sauteed-Spinach-Mushrooms.jpg
	Instagram	This #ValentinesDay, join us in celebrating one of the greatest love stories of all time...#veal + #mushrooms! Sure you've always known about this couple, dabbling in a recipe here and there, but there's no greater proof of their devotion to one another than this recipe for #Veal Breast Mushroom #Roulade. Go ahead, take a bite and watch them fall in love all over again. Click the link in our bio to get the recipe. #EatBetterEatVeal #valentinesdayrecipes #vealrecipes #instafood #foodstagram #valentinesdaydinner #dinnerfortwo #romanticdinner #instafood	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Breast-Roulade-with-Sauteed-Spinach-Mushrooms.jpg
2/15	Facebook	If you waited until the weekend to celebrate #ValentinesDay, then have we got a hearty meal for you to share with your love, preferably with a glass or two of wine and a bingesession. @VealMadeEasy's ooey, gooey, cheesy #Veal Calzone will win over anyone's heart (and stomach). #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-calzone-sandwich/	https://www.youtube.com/watch?v=z0I9Dwtm1wA Upload video directly to Facebook
	Twitter	Nothing says "cozy Friday night in" like a warm, ooey, gooey, cheesy calzone – even better, a homemade #Veal Calzone. Gather your friends and get cooking, then reward yourselves with a delicious dinner and a binge: #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-calzone-sandwich/	https://www.youtube.com/watch?v=z0I9Dwtm1wA Upload video directly to Twitter
	Instagram	No need to call up the local pizza place and wait for delivery on a busy Friday night when you can whip up a delicious calzone of your own at home. @VealMadeEasy's ooey, gooey #Veal Calzone is loaded with all the good stuff: tasty ground veal, silky Ricotta cheese, zesty sauce and seasonings, and even more cheese. Click the link in our profile for the recipe, then get ready	https://www.youtube.com/watch?v=z0I9Dwtm1wA Upload video directly to Instagram

Veal Social Media Calendar – February 2019



		to and #mangia. #EatBetterEatVeal #takeoutfakeout #fridaynighteats #homemaderecipe #calzone #italianfood #fridaynightfood #recipes #calzones #foodie #foodstagram	
2/16	Facebook	There's a holiday for just about everything these days, including the tiny, powerful almond – which, when slivered, makes the perfect topping for @VealMadeEasy's Mediterranean Grilled #Veal Salad. So celebrate #NationalAlmondDay by sprinkling this beloved nut atop an already nutritious salad for an extra punch of #protein. #EatBetterEatVeal https://vealmadeeasy.com/recipes/mediterranean-grilled-veal-salad/	https://www.youtube.com/watch?v=ZsjJCurahgE Upload video directly to Facebook
	Twitter	Today is #NationalAlmondDay, and there's no better way to celebrate than by chopping up a handful of these beloved nuts and sprinkling them over a delectable salad like our Mediterranean Grilled #Veal Salad for a little extra #protein. #EatBetterEatVeal https://vealmadeeasy.com/recipes/mediterranean-grilled-veal-salad/	https://www.youtube.com/watch?v=ZsjJCurahgE Upload video directly to Twitter
	Instagram	Slivered #almonds make for the ultimate salad mix-in, packing a #protein punch to any bowl of greens you are considering for lunch. So today, #NationalAlmondDay, we suggest topping our Mediterranean Grilled #Veal Salad with some slice almonds to celebrate. Click the link in our bio to get the recipe, then simply sub in almonds for hazelnuts. Or, if you're nuts for nuts, just add almonds, no swap needed. Click the link in our bio to get the recipe! #EatBetterEatVeal #almondnday #foodholiday #sliveredalmonds #slicedalmonds #saladtopper #saladtoppings #grilledveal #salad #lunchrecipes #instafood	https://www.youtube.com/watch?v=ZsjJCurahgE Upload video directly to Instagram
2/17	Facebook	Still sticking to your #NewYearsResolutions? Good for you – we have a dinner idea that you're going to love. #Veal Italiana Over Spaghetti Squash is, like any good pasta dish, loaded with flavorful ingredients like crunchy bell peppers, juicy tomatoes, savory prosciutto, and luscious #veal. And, it lays over a bed of light and tasty #spaghettisquash, making it the perfect dish for any resolution-maker looking to stick to their goals. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-italiana-over-spaghetti-squash/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Italiana-over-Spaghetti-Squash.jpg
	Twitter	@VealMadeEasy's #Veal Italiana Over Spaghetti Squash is the perfect meal for those still sticking to their #NewYearsResolutions. It's as flavorful as any good #pasta dish, but lays over a bed of light, tasty #spaghettisquash instead. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-italiana-over-spaghetti-squash/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Italiana-over-Spaghetti-Squash.jpg

Veal Social Media Calendar – February 2019



		italiana-over-spaghetti-squash/	Spaghetti-Squash.jpg
	Instagram	Raise your hand if you're still sticking to your #NewYearsResolution all the way into mid-February and still watching what you eat! Try our recipe for #Veal Italiana Over Spaghetti Squash – as sinfully delicious as any good #pasta dish, but it lays over a bed of light and tasty #spaghettisquash instead. Click the link in our bio to get the recipe. #EatBetterEatVeal #resolutions #goals #vealitaliana #recipe #foodie #dinnerideas #dinnerrecipes #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Italiana-over-Spaghetti-Squash.jpg
2/18	Facebook	It's #NationalDrinkWineDay? You don't have to tell us twice. Take the observance one step further by cooking with wine, too. Try our #recipe for #Veal Marsala, a dish that calls for a luscious mushroom and marsala wine-based sauce drizzled over succulent #veal cutlets. Pair with your favorite bottle and eat. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-marsala/	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-marsala-767x525.jpg
	Twitter	Is it a coincidence that #NationalDrinkWineDay falls on a #Monday? We think not. Pair your favorite bottle with this #recipe for #Veal Marsala – a dish that includes bonus wine in the form of marsala sauce. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-marsala/	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-marsala-767x525.jpg
	Instagram	Happy #NationalDrinkWineDay! To celebrate, we're serving #Veal Marsala for dinner. Not only does this dish pair well with just about any of your favorite reds, it also involves cooking with wine to make the luscious mushroom and marsala-wine based sauce that's drizzled over the succulent veal cutlets. Need we say more? Click the link in our bio to get the recipe! #EatBetterEatVeal #bottleofred #redwine #wine #winepairings #wineandfoodpairings #dinnerideas #vealmarsala #marsala #instafood	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal-marsala-767x525.jpg
2/19	Facebook	At @VealMadeEasy, we take our name very seriously. We want to make it very easy for you to add delicious, nutritious #veal to your dinner rotation. One way to do it? Cook up Pesto Caprese Veal Cutlets, a tasty dish that's ready to serve in 30 minutes flat. Now that's what we call an easy weeknight meal! #EatBetterEatVeal https://vealmadeeasy.com/recipes/pesto-caprese-veal-cutlets/	https://vealmadeeasy.com/wp-content/uploads/2014/02/recipe-Pesto-Caprese-Veal-767x524.jpg
	Twitter	We all need an easy #weeknightdinner or two in our rotation, tried-and-true dishes to turn to on busy nights. Enter Pesto	https://vealmadeeasy.com/wp-

Veal Social Media Calendar – February 2019



		Caprese #Veal Cutlets, a dish that sounds fancy, but is actually prepped and cooked in 30 minutes or less! #EatBetterEatVeal https://vealmadeeasy.com/recipes/pesto-caprese-veal-cutlets/	content/uploads/2014/02/recipe-Pesto-Caprese-Veal-767x524.jpg
	Instagram	Everyone loves an easy #weeknightdinner recipe, especially on busy weeknights slammed with activities like basketball practice and violin lessons. We take the #30minutemeal very seriously here at @VealMadeEasy – we have plenty to choose from in our archives, including Pesto Caprese #Veal Cutlets, a dish so packed with flavor you'd never believe it can be prepped, cooked and plated in 30 minutes or less. Click the link in our bio to get the recipe! #EatBetterEatVeal #weeknightdinnerideas #quickdinnerideas #easydinnerrecipes #pesto #caprese #vealcutlets #recipe #foodie #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2014/02/recipe-Pesto-Caprese-Veal-767x524.jpg
2/20	Facebook	Do the winter doldrums have you dreaming of some place tropical? Bring the flavors of the #Caribbean to your kitchen with Caribbean Jerk #Veal Chops. Popping with flavor – think hot habanero chili pepper, sweet honey, tangy apple cider vinegar, silky smooth rum, and tender veal – this dish will make you feel like you're enjoying dinner on an island beach as the sun sets. #EatBetterEatVeal https://vealmadeeasy.com/recipes/caribbean-jerk-veal-chops/	https://www.youtube.com/watch?v=Nxtk4zFptUw Upload video directly to Facebook
	Twitter	Planning a getaway to somewhere #tropical? Don't wait until you hop on a plane to enter vacation mode. Bring the #Caribbean home early with Caribbean Jerk #Veal Chops, the perfect, most flavorful dinner to get you pumped for your trip. https://vealmadeeasy.com/recipes/caribbean-jerk-veal-chops/ #EatBetterEatVeal	https://www.youtube.com/watch?v=Nxtk4zFptUw Upload video directly to Twitter
	Instagram	If you can't escape winter by heading somewhere tropical, then bring the flavors of the #Caribbean islands to you with Caribbean Jerk #Veal Chops. This dish is loaded with such fun flavors – tender veal, sweet honey, tangy apple cider, hot habanero chili pepper, and silky smooth rum – that it will be easy to imagine you're on the beach, dining al fresco at sunset as the waves gently lap at the shore. Click the link in our bio to get the recipe! #EatBetterEatVeal #vacation #vacationeats #caribbeanfood #caribbeaneats #jerkrecipes #jerkseasoning #tropical #recipe #foodie #instafood	https://www.youtube.com/watch?v=Nxtk4zFptUw Upload video directly to Instagram
2/21	Facebook	You don't have to head to the City of Brotherly Love to get your hands on a big ol' cheesesteak. Make your own at home – we can help! Give @VealMadeEasy's recipe for #Veal Cheesesteak a go. Crafted by the students and faculty of The Art Institute of	https://vealmadeeasy.com/wp-content/uploads/2017/04/IMG_0889

Veal Social Media Calendar – February 2019



		Philadelphia, this sandwich is just as authentic as any streetside vendor #cheesesteak you'll find in Philly. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-cheesesteak/	_color_corrected.jpg
	Twitter	@VealMadeEasy's recipe for #Veal Cheesesteak was developed by students and faculty of the Art Institute of Philadelphia, so you know it's authentic – and good. Try one today and share with your friends and family! #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-cheesesteak/	https://vealmadeeasy.com/wp-content/uploads/2017/04/IMG_0889_color_corrected.jpg
	Instagram	Thinly shaved #veal – check. Toasted hoagie roll – check. Charred onions and peppers – check. Bubbly cheese sauce – check. Looks like you've got everything you need to whip up a batch of #Veal Cheesesteak sandwiches good enough to rival any #Philly streetside vendor! Click the link in our bio to get the recipe. #EatBetterEatVeal #phillycheesesteak #cheesesteak #sandwich #sandwichrecipe #cheesesteakrecipe #cheesesauce #foodie #recipe #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2017/04/IMG_0889_color_corrected.jpg
2/22	Facebook	Try something a little different this Friday night – instead of ordering #takeout, why not try #datenight at home with a little fine dining? #Veal Medallions Over a Pea Salad with Lemon Sauce courtesy of #CindysTable sounds like a dish straight out of a five-star restaurant, but it's simple enough to make at home and sure to wow your loved one. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-medallions-over-pea-salad-with-lemon-sauce/	https://vealmadeeasy.com/wp-content/uploads/2016/01/veal_medallions_over_pea_salad_with_lemon_sauce.jpg
	Twitter	Cooking to impress tonight? Look no further than #Veal Medallions Over a Pea Salad with Lemon Sauce, courtesy of #CindysTable. This delightful #recipe looks like the work of a pro chef, but it's actually quite simple to put together. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-medallions-over-pea-salad-with-lemon-sauce/	https://vealmadeeasy.com/wp-content/uploads/2016/01/veal_medallions_over_pea_salad_with_lemon_sauce.jpg
	Instagram	Forego #takeout tonight in favor of a little #finedining. #Veal Medallions Over a Pea Salad with Lemon Sauce, courtesy of #CindysTable, is a fancy enough dish to dress up #datenight, but is actually quite simple to make and comes together in just 40 minutes. Plus, it'll impress anyone you're trying to woo. Click the link in our bio to get the recipe! #EatBetterEatVeal #finedining #gourmetdining #finediningathome #homemadegourmet #vealrecipes #vealdish #vealmedallions #foodie #recipes #instafood	https://vealmadeeasy.com/wp-content/uploads/2016/01/veal_medallions_over_pea_salad_with_lemon_sauce.jpg

Veal Social Media Calendar – February 2019



2/23	Facebook	Another day, another food holiday! This time we're putting the spotlight on chili, the one-pot wonder that requires one night of cooking to feed a family for days. Our #Veal Chili recipe is no exception – loaded with #protein-packed veal and beans, crunchy peppers, and all the best spices, this dish will fill you up and power you through the week to come. #NationalChiliDay #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-chili/	https://www.youtube.com/watch?v=5bAkWVJ0qMk Upload video directly to Facebook
	Twitter	The food holidays just keep coming and today we're celebrating #chili, the one-pot wonder that can feed a family for days. Spend your #NationalChiliDay cooking up a vat of #Veal Chili and we promise it'll make for a meal to remember! #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-chili/	https://www.youtube.com/watch?v=5bAkWVJ0qMk Upload video directly to Twitter
	Instagram	If you love #chili, then today is your day. It's #NationalChiliDay and the best way to observe this #foodholiday is by assembling the ingredients for #Veal Chili, throwing them in a pot, and letting the ambrosial smells waft throughout your home as it simmers on the stove all afternoon, the flavors melding together to become dinner. Click the link in our bio to get the recipe! #EatBetterEatVeal#onepotrecipes #onepotdinners #batchrecipes #chilirecipe #vealchili #foodie #recipe #foodstagram	https://www.youtube.com/watch?v=5bAkWVJ0qMk Upload video directly to Instagram
2/24	Facebook	And the # goes to... @GrumpysHoneyBunch for her role in creating these ever-so-scrumptious Homemade #Veal Egg Rolls! All kidding aside, these little rolls make for the absolutely perfect app to pass around at your # viewing party tonight. Double up the recipe – your guests will certainly want seconds. #EatBetterEatVeal https://vealmadeeasy.com/recipes/homemade-veal-egg-rolls/	https://vealmadeeasy.com/wp-content/uploads/2018/11/homemade-veal-egg-rolls.jpg
	Twitter	Take home the award for "best #party host" when you cook up a batch or two of @GrumpysHoneyB's Homemade #Veal Egg Rolls, a beauty of an app that will wow your guests and keep them full all the way until #bestpicture is announced. #EatBetterEatVeal https://vealmadeeasy.com/recipes/homemade-veal-egg-rolls/	https://vealmadeeasy.com/wp-content/uploads/2018/11/homemade-veal-egg-rolls.jpg
	Instagram	If you take # parties seriously, then you know you need to up the ante when it comes to the #appetizers you'll pass around throughout the show. Make sure your menu is red carpet-worthy by cooking up a batch or two of @GrumpysHoneyB's Homemade #Veal Egg Rolls – filling enough to keep your guests sated until #bestpicture is announced, and unique enough to stand out among a slate of #awardshow party apps. Click the link in our bio to get the recipe! #EatBetterEatVeal #oscarparty #academyawards #party #oscarparty #oscarpartyapps #the	https://vealmadeeasy.com/wp-content/uploads/2018/11/homemade-veal-egg-rolls.jpg

Veal Social Media Calendar – February 2019



		#hollywood #awardshows #foodie #recipe #instafood	
2/25	Facebook	Just another #meatball Monday... hey, that sounds pretty good to us. How about making #Veal Meatballs – Italian Style tonight? Pair with your favorite #pasta and you've got a dinner that's both delicious and delectable to kick off the work week. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-meatballs-italian-style/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Meatballs.jpg
	Twitter	Some nights only the classics will do & we have a perennial favorite to share with you. Pair #Veal Meatballs – Italian Style with your #pasta of choice and some #garlicbread for a simple, comforting dish you can turn to again and again. #EatBetterEatVeal #meatballmonday https://vealmadeeasy.com/recipes/veal-meatballs-italian-style/	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Meatballs.jpg
	Instagram	Make #Veal Meatballs – Italian Style tonight for a versatile #protein that will please the whole family. Pair 'em with your favorite #pasta, load 'em into a roll, or simply dig into a bowl of #meatballs sprinkled with Parmesan cheese... you really can't go wrong. Click the link in our bio to get the recipe. #EatBetterEatVeal #meatball #meatballrecipe #pastaandmeatballs #spaghettinandmeatballs #vealmeatballs #foodie #recipe #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2014/02/Veal-Meatballs.jpg
2/26	Facebook	Got a hankering for a hearty #sandwich that will make the whole office green with lunch envy? We've got you. Stack adobo-seasoned #veal cutlets with slices of honey baked ham, dill pickle chips, and Swiss cheese inside a hero roll, smother with mustard, and eat. The recipe yields four sandwiches, so if you're feeling generous, there's plenty to share with your favorite coworkers. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-cubano-sandwich/	https://www.youtube.com/watch?v=FCs0S_wtgBg Upload video directly to Facebook
	Twitter	When you #EatBetterEatVeal, there's no need to resort to a #SadDeskLunch. Only the best will do for our fans, so we're sharing our #recipe for a big, hearty #Veal Cubano Sandwich that will power you through all the way until dinner. https://vealmadeeasy.com/recipes/veal-cubano-sandwich/ #EatBetterEatVeal	https://www.youtube.com/watch?v=FCs0S_wtgBg Upload video directly to Twitter
	Instagram	What makes a good #Veal Cubano Sandwich? Well, first you'll want to take #veal cutlets, season them with adobo spices, and grill 'em. Next, smother the bottom half of a hero roll with mustard, top with a slice of honeybaked ham, the grilled veal, pickle chips, and slice of silky Swiss cheese. Top with the other half of the roll, and lunch is served. Click the link in our bio to get	https://www.youtube.com/watch?v=FCs0S_wtgBg Upload video directly to Instagram

Veal Social Media Calendar – February 2019



		the recipe! #EatBetterEatVeal #cubanosandwich #sandwich #lunchrecipe #lunchideas #vealcubano #vealcubanosandwich #vealrecipe #recipe #foodie #instafood	
2/27	Facebook	Prep Sesame #Veal Strips during your lunch break for a super quick and easy dinner tonight. Simply combine the marinade ingredients – white wine, sesame oil, garlic, ginger, salt and green onion – and place in a bag with #veal cutlets. Let them sit in the fridge for 30 minutes to two hours. Then, all it takes is five minutes on the grill or under the broiler to produce tasty veal strips to serve alongside rice and a green salad for a complete meal that's plated in mere minutes. #EatBetterEatVeal https://vealmadeeasy.com/recipes/sesame-veal-strips/	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_kabobs.jpg
	Twitter	Sesame #Veal Strips pack 28g of #protein per serving – simply serve with rice and a side salad for a complete meal that's ready in mere minutes, as long as you prep and marinade ahead of time. Get the #recipe here: https://vealmadeeasy.com/recipes/sesame-veal-strips/ #EatBetterEatVeal	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_kabobs.jpg
	Instagram	A little prep now is all it takes to make Sesame Veal Strips for #dinner in mere minutes tonight. Let #veal cutlets sit in the fridge in a sesame-based marinade for 30 minutes to 2 hours. Once your sides are ready and it's just about time to call the family to the table, throw the strips on the grill or under the broiler for just five minutes and VOILA! Dinner is served. Click the link in our bio to get the recipe. #EatBetterEatVeal #weeknightdinnerideas #easydinnerideas #weeknightdinner #vealstrips #sesamevealstrips #marinade #marinaderecipes #dinnerideas #recipes #foodie #foodstagram	https://vealmadeeasy.com/wp-content/uploads/2014/02/veal_kabobs.jpg
2/28	Facebook	Who says comfort food has to be heavy? Not us! Here at @VealMadeEasy, we think a nourishing soup provides all the comfort we need, especially in the late winter. #Veal Pho – a fragrant Vietnamese soup made with rice noodles, bean sprouts, carrots, fresh ginger and more – fits the #comfortfood bill. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-pho/	https://www.youtube.com/watch?v=HGmkkOZG-Ec Upload video directly to Facebook
	Twitter	Late winter calls for a nourishing soup like #Veal Pho. Flavored with spices like cinnamon and star anise, and packed with rice noodles, carrots, bean sprouts and more, this fragrant bowl of goodness will meet all your comfort food needs. #EatBetterEatVeal https://vealmadeeasy.com/recipes/veal-pho/	https://www.youtube.com/watch?v=HGmkkOZG-Ec Upload video directly to Twitter
	Instagram	A warm bowl of soup is just the right kind of #comfortfood we need in the late winter, and our recipe for #Veal Pho is just the	https://www.youtube.com/watch?v=HGmkkOZG-Ec

Veal Social Media Calendar – February 2019



		<p>ticket. This ambrosial bowl is loaded with fragrant spices like cinnamon and star anise, and packed with all the good stuff – luscious strips of veal, crunchy bean sprouts and carrots, chewy rice noodles, and more – to fill the tummy and lift the spirits. Click the link in our bio to get the recipe. #EatBetterEatVeal #vealpho #pho #vietnamesesoup #vietnamesecuisine #soup #souprecipes #comfortfoodrecipes #recipes #foodie #instafood</p>	<p>HGmkkOZG-Ec Upload video directly to Instagram</p>
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