

Veal Social Media Calendar

January 2018

Twitter & Instagram Handles: @VealMadeEasy

Facebook page: Veal Made Easy

Month	Suggested tweets	Suggested posts	Suggested Posts
January	VME Twitter	VME Facebook	VME Instagram
1.	Happy New Year!!! Here are 100+ #recipes for a happier, healthier you :) http://vealmadeeasy.com/recipes/#newyearsresolutions	Happy New Year!!! Here are 100+ #recipes for a happier, healthier you :) http://vealmadeeasy.com/recipes/#newyearsresolutions	N/A
2.	Since you probably ate *less* than #healthy the past couple of days ☹️ http://vealmadeeasy.com/recipes/veal-stir-fry-with-broccoli-and-cauliflower/#recipe [Insert Recipe Image]	Since you probably ate *less* than #healthy the past couple of days ☹️ http://vealmadeeasy.com/recipes/veal-stir-fry-with-broccoli-and-cauliflower/#recipe [Insert Recipe Image]	Since you probably ate *less* than #healthy the past couple of days ☹️ http://vealmadeeasy.com/recipes/veal-stir-fry-with-broccoli-and-cauliflower/#recipe [Insert Recipe Image]
3.	2017 was weird but at least there was this smiling meatloaf cupcake. https://www.youtube.com/watch?v=afZzfHKjHw8 #cookingvideo #kidsrecipes	2017 was weird but at least there was this smiling meatloaf cupcake. https://www.youtube.com/watch?v=afZzfHKjHw8 #cookingvideo #kidsrecipes	N/A
4.	Burgers are basically a food group, right? #recipe #foodblog [Insert Recipe Image]	Burgers are basically a food group, right? #recipe #foodblog [Insert Recipe Image]	Burgers are basically a food group, right? #recipe #foodblog [Insert Recipe Image]
5.	Fake it 'til you bake it http://vealmadeeasy.com/veal-scallopine-with-asparagus-10/#recipe	Fake it 'til you bake it http://vealmadeeasy.com/veal-scallopine-with-asparagus-10/#recipe	N/A
6.	Meatballs in the winter, meatballs in the summer, #meatballs all of the time :-P	Meatballs in the winter, meatballs in the summer, #meatballs all of the time :-P	Meatballs in the winter, meatballs in the summer, #meatballs all of the time :-P

	http://vealmadeeasy.com/recipes/veal-and-mushroom-meatballs/ #recipe [Insert Recipe Image]	http://vealmadeeasy.com/recipes/veal-and-mushroom-meatballs/ #recipe [Insert Recipe Image]	http://vealmadeeasy.com/recipes/veal-and-mushroom-meatballs/ #recipe [Insert Recipe Image]
7.	Great finger-food for watching the #Globes tonight! https://www.youtube.com/watch?v=1zeWhsSDC4g #GoldenGlobes #HungarianMeatballs	Great finger-food for watching the #Globes tonight! https://www.youtube.com/watch?v=1zeWhsSDC4g #GoldenGlobes #HungarianMeatballs	N/A
8.	Behold. The Ultimate *Impress Anyone* Dish http://vealmadeeasy.com/recipes/veal-osso-buco/ #ossobuco #classy [Insert Image]	Behold. The Ultimate *Impress Anyone* Dish http://vealmadeeasy.com/recipes/veal-osso-buco/ #ossobuco #classy [Insert Image]	Behold. The Ultimate *Impress Anyone* Dish http://vealmadeeasy.com/recipes/veal-osso-buco/ #ossobuco #classy [Insert Image]
9.	If you have 30 minutes you have enough time to make these #recipes ;) http://vealmadeeasy.com/recipes/ #foodblog	If you have 30 minutes you have enough time to make these #recipes ;) http://vealmadeeasy.com/recipes/ #foodblog	N/A
10.	Close your takeout app and turn on your stove http://vealmadeeasy.com/recipes/veal-medallions-over-pea-salad-with-lemon-sauce/ #recipe #foodblog [Insert Recipe Image]	Close your takeout app and turn on your stove http://vealmadeeasy.com/recipes/veal-medallions-over-pea-salad-with-lemon-sauce/ #recipe #foodblog [Insert Recipe Image]	Close your takeout app and turn on your stove http://vealmadeeasy.com/recipes/veal-medallions-over-pea-salad-with-lemon-sauce/ #recipe #foodblog [Insert Recipe Image]
11.	Like the song of summer.... in January ☑ http://vealmadeeasy.com/recipes/grilled-sweet-sour-veal-meatball-kabobs/ #yum *Recipe by @daringgourmet [Insert Recipe Image]	Like the song of summer.... in January ☑ http://vealmadeeasy.com/recipes/grilled-sweet-sour-veal-meatball-kabobs/ *Recipe by Kimberly Killebrew of The Daring Gourmet #yum[Insert Recipe Image]	Like the song of summer.... in January ☑ http://vealmadeeasy.com/recipes/grilled-sweet-sour-veal-meatball-kabobs/ #yum *Recipe by @daringgourmet [Insert Recipe Image]
12.	*Flawless* http://vealmadeeasy.com/char-d-mushroom-stuffed-breast-veal/ #recipe #foodblog	*Flawless* http://vealmadeeasy.com/char-d-mushroom-stuffed-breast-veal/ #recipe #foodblog	N/A
13.	Cupcakes...and it's not even your birthday!!	Cupcakes...and it's not even your birthday!!	Cupcakes...and it's not even your birthday!!

	http://vealmadeeasy.com/recipes/veal-meatloaf-cupcakes-mashed-potato-topping/ #meatloaf #kidsrecipes [Insert Recipe Image]	http://vealmadeeasy.com/recipes/veal-meatloaf-cupcakes-mashed-potato-topping/ #meatloaf #kidsrecipes [Insert Recipe Image]	http://vealmadeeasy.com/recipes/veal-meatloaf-cupcakes-mashed-potato-topping/ #meatloaf #kidsrecipes [Insert Recipe Image]
14.	Don't mess with perfection http://vealmadeeasy.com/toasted-orecchiette-veal-meatballs/ #orecchiette #foodblog	Don't mess with perfection http://vealmadeeasy.com/toasted-orecchiette-veal-meatballs/ #orecchiette #foodblog	N/A
16.	Make this soup immediately http://vealmadeeasy.com/crockpot-veal-provencal-soup/ #recipe #foodblog	Make this soup immediately http://vealmadeeasy.com/crockpot-veal-provencal-soup/ #recipe #foodblog	N/A
17.	Even picky eaters will love this #salad http://vealmadeeasy.com/recipes/crispy-veal-walnut-salad/ #deliciousandnutritious [Insert Recipe Image]	Even picky eaters will love this #salad http://vealmadeeasy.com/recipes/crispy-veal-walnut-salad/ #deliciousandnutritious [Insert Recipe Image]	Even picky eaters will love this #salad http://vealmadeeasy.com/recipes/crispy-veal-walnut-salad/ #deliciousandnutritious [Insert Recipe Image]
18.	The A-Team: Pasta + Meatballs :) http://vealmadeeasy.com/best-meatballs-youll-ever-cup-jo/ @joannagoddard #foodblog #delicious	The A-Team: Pasta + Meatballs :) http://vealmadeeasy.com/best-meatballs-youll-ever-cup-jo/ *Recipe by Cup of Jo Blog #foodblog #delicious	The A-Team: Pasta + Meatballs :) http://vealmadeeasy.com/best-meatballs-youll-ever-cup-jo/ *Recipe by @cupofjo #foodblog #delicious
19.	Invest in this stock http://vealmadeeasy.com/veal-cutlets-pomegranate-sauce/ #savorygoodnes	Invest in this stock http://vealmadeeasy.com/veal-cutlets-pomegranate-sauce/ #savorygoodness	N/A
20.	Definitely pack a bib http://vealmadeeasy.com/recipes/veal-sloppy-joe/ [Insert Recipe Image] #sloppyjoe #recipe	Definitely pack a bib http://vealmadeeasy.com/recipes/veal-sloppy-joe/ [Insert Recipe Image] #sloppyjoe #recipe	Definitely pack a bib http://vealmadeeasy.com/recipes/veal-sloppy-joe/ [Insert Recipe Image] #sloppyjoe #recipe
21.	*Drools on commute to work staring at this #cheesesteak* http://vealmadeeasy.com/rec	*Drools on commute to work staring at this #cheesesteak* http://vealmadeeasy.com/rec	*Drools on commute to work staring at this #cheesesteak* http://vealmadeeasy.com/rec

	ipes/milanese-philly-cheesesteak/ *Recipe by @daringgourmet [Insert Recipe Image]	ipes/milanese-philly-cheesesteak/ *Recipe by Kimberly Killebrew of The Daring Gourmet [Insert Recipe Image]	http://vealmadeeasy.com/recipes/milanese-philly-cheesesteak/ *Recipe by @daringgourmet [Insert Recipe Image]
22.	Go #Oscar, it's ya birthday 🎂 http://vealmadeeasy.com/veal-oscar/ #VealOscar #recipe	Go #Oscar, it's ya birthday 🎂 http://vealmadeeasy.com/veal-oscar/ #VealOscar #recipe	N/A
23.	Netflix & chill http://vealmadeeasy.com/recipes/veal-chili/ #chilirecipe #foodblog [Insert Recipe Image]	Netflix & chill http://vealmadeeasy.com/recipes/veal-chili/ #chilirecipe #foodblog [Insert Recipe Image]	Netflix & chill http://vealmadeeasy.com/recipes/veal-chili/ #chilirecipe #foodblog [Insert Recipe Image]
24.	Shout out to salads without lettuce http://vealmadeeasy.com/recipes/honey-dijon-veal-zucchini-stir-fry/ #foodblog #recipe [Insert Recipe Image]	Shout out to salads without lettuce http://vealmadeeasy.com/recipes/honey-dijon-veal-zucchini-stir-fry/ #foodblog #recipe [Insert Recipe Image]	Shout out to salads without lettuce http://vealmadeeasy.com/recipes/honey-dijon-veal-zucchini-stir-fry/ #foodblog #recipe [Insert Recipe Image]
25.	Chances of you wanting seconds: very high http://vealmadeeasy.com/veal-sabrosa/ #foodblog #sabrosa	Chances of you wanting seconds: very high http://vealmadeeasy.com/veal-sabrosa/ #foodblog #sabrosa	N/A
26.	Be the guest with the best at this year's #GrammyAwards party http://vealmadeeasy.com/recipes/hungarian-meatballs/ #hungarianmeatballs @daringgourmet [Insert Recipe Image]	Be the guest with the best at this year's #GrammyAwards party http://vealmadeeasy.com/recipes/hungarian-meatballs/ #hungarianmeatballs *Recipe by Kimberly Killebrew of The Daring Gourmet [Insert Recipe Image]	Be the guest with the best at this year's #GrammyAwards party http://vealmadeeasy.com/recipes/hungarian-meatballs/ #hungarianmeatballs *Recipe by Kimberly Killebrew of The Daring Gourmet [Insert Recipe Image]
27.	This #recipe is why the term "comfort food" was invented http://vealmadeeasy.com/bistro-veal-chops-mushrooms-courtesy-eating-well-101/ #vealchops #delish	This #recipe is why the term "comfort food" was invented http://vealmadeeasy.com/bistro-veal-chops-mushrooms-courtesy-eating-well-101/ #vealchops #delish	N/A
28.	Spice up your #taco game for tonight's #GrammyAwards party ;) http://vealmadeeasy.com/recipes/southwestern-veal-	Spice up your #taco game for tonight's #GrammyAwards party ;) http://vealmadeeasy.com/recipes/southwestern-veal-	Spice up your #taco game for tonight's #GrammyAwards party ;) http://vealmadeeasy.com/recipes/southwestern-veal-

	ipes/southwestern-veal-taco/ #recipe [Insert Recipe Image]	ipes/southwestern-veal-taco/ #recipe [Insert Recipe Image]	taco/ #recipe [Insert Recipe Image]
29.	Yes, muffins *can* be dinner https://www.youtube.com/watch?v=5fzRfdass8s #cookingvideo #meatloafrecipe	Yes, muffins *can* be dinner https://www.youtube.com/watch?v=5fzRfdass8s #cookingvideo #meatloafrecipe	N/A
30.	Impress your significant other's parents with these *Bistro-Style* Veal Chops! http://vealmadeeasy.com/recipes/bistro-style-veal-chops/ #Recipe [Insert Recipe Image]	Impress your significant other's parents with these *Bistro-Style* Veal Chops! http://vealmadeeasy.com/recipes/bistro-style-veal-chops/ #Recipe [Insert Recipe Image]	Impress your significant other's parents with these *Bistro-Style* Veal Chops! http://vealmadeeasy.com/recipes/bistro-style-veal-chops/ #Recipe [Insert Recipe Image]
31.	You could go out tonight, or you could stay in and make this http://vealmadeeasy.com/recipes/french-onion-veal-slider/ #sliders #recipe [Insert Recipe Image]	You could go out tonight, or you could stay in and make this http://vealmadeeasy.com/recipes/french-onion-veal-slider/ #sliders #recipe [Insert Recipe Image]	You could go out tonight, or you could stay in and make this http://vealmadeeasy.com/recipes/french-onion-veal-slider/ #sliders #recipe [Insert Recipe Image]